



CT River Challenge - Advanced 420 Racing

Are you up for the challenge? Jump start your 420 racing learning curve this summer by attending the CT River Challenge - Advanced 420 Racing Clinic at the Pettipaug YC. There's no better way to continue mastering the skills necessary to become a top competitor than putting yourself up against the current and winds of the CT River. There's a reason why top sailors have flocked to this venue for frostbite racing for over 80 years!

Each day, land and water skills & drills will focus on boat handling, boat speed, strategy, tactics and the updated racing rules. **Topics will include:** rule changes, better understanding the impacts of current and wind around the race course, rudderless sailing, roll tacks and roll gybes, speed modes and shifting gears, and race course risk versus reward.

Participation will be based on the **racing resume** submitted with your application. Pettipaug 420's will be provided or feel free to bring your own 420. Ideally, participants will attend as a skipper and crew team from their respective summer sailing program and practice in the 420 they'll be racing together all summer.

Weather permitting, the majority of time will be spent on the water learning by doing with ample hands on coaching by **Prescott Littlefield and the Pettipaug sailing instructors**.

CT River Challenge - Advanced 420 Racing Clinic @ Pettipaug YC June 20-22, 9am – 5pm

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|---|---|
| Name | Date of Birth |
| Parent or Guardian's Name | Parent or Guardian's email |
| Mother's (Guardian) daytime phone number | Father's (Guardian) daytime phone number |
| Emergency Contact Name | Emergency Contact Phone Number (we will attempt to reach parents first) |
| Allergies | Medical Concerns |
| Medications | Date last tetanus shot |
| Doctor's Name | Doctor's Phone Number |
| Mailing Address | Name of sailing partner to attend clinic (if applicable) |
| Adult T Shirt Size S M L XL | Sailor's Cell Phone Number |

Describe your sailing instruction-you may add another page if you feel you need more space

| Name of Sailing School | # years attended | Boat type/skipper or crew | Level or rank (if given) |
|------------------------|------------------|---------------------------|--------------------------|
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Describe your racing experience, most recent first. Add another page if you feel you need more space.

| Regatta/Location | Year | Boat type/skipper or crew | Place/# boats (if know) |
|------------------|------|---------------------------|-------------------------|
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Please send completed applications to : After you have completed the application, you may email to Kathryn Ryan at kmryan1995@gmail.com, preferred method. If you can't email it, please print and send to **Pettipaug Sailing Academy, PO Box 372, Essex, CT 06426.** Applications will be reviewed as they are received. Acceptances will be determined by space available and experience of sailors. All applications should be received by June 1 and all applicants will be notified of status of their application prior to June 10. Once an application has been accepted and the sailor notified, payment of \$150 may be mailed to PSA, PO Box 372, Essex, CT 06426. Please do not send payment with this application.

The undersigned parent/guardian has read and fully understands the Pettipaug Sailing Academy Boat Policy and agrees to indemnify Pettipaug Sailing Academy and Pettipaug Yacht Club and hold it harmless from any claim arising out of or in connection with any acts or omissions of the named child. The parent or guardian also agrees to hold Pettipaug Sailing Academy and Pettipaug Yacht Club harmless and to waive all claims arising out of or in connection with the Pettipaug Sailing Academy or Pettipaug Yacht Club. If the parent or guardian can not be immediately reached in the event of injury or illness to the named child, permission is hereby granted to the Pettipaug Sailing Academy and its employees and agents, to employ such methods of treatment, as in their judgment may be necessary.

PUBLICITY CONSENT: "I hereby consent and authorize Pettipaug Yacht Club (PYC) and Pettipaug Sailing Academy (PSA) to use my (my child's) photograph or image in its print, online and video publications; 2) release PYC/PSA, its employees and any outside third parties from all liabilities or claim that you might assert in connection with the above-described activities and 3) waive any right to inspect, approve or receive compensation for any materials or communications, including but not limited to photographs, videotapes, DVDs, website images or written materials, incorporating photos/images of me(my child), 4) consent and authorize the use of my (my child's) name in any media publication at PYC/PSA's discretion."

Signature of Parent _____

Date _____